Creek Road Rentals

Gaga Ball

What is Gaga?

Everyone's going "gaga" over Gaga Ball. But what is it?

Gaga is a fast paced, high energy sport played in an octagon pit. The more players the better! Dubbed a kinder gentler version of dodge ball, the game is played with a soft ball, and combines the skills of dodging, striking, running, and jumping, while trying to hit opponents with a ball below the knees. Players need to keep moving to avoid getting hit by the ball. Fun and easy, everyone gets a serious work out!

Easily addictive, people can't wait to get back in the pit. The games move quickly...after a few short minutes, even the best gaga players are out. Once the game ends, everyone is back in for the next round.

What we know for sure is that the excitement surrounding gaga is exploding!

Creek Road Rentals

Gaga Pit Rules

1. Players start each game by standing against the wall.
2. One player tosses the ball to the middle of the pit. The ball must bounce three times before players leave the wall. On the first two bounces players say "GA", and on the third bounce players say "BALL", signaling that the game has begun.
3. The goal is to hit other players with the ball on or below the knee. Players hit the ball with a fist or an open hand.
4. You may NOT catch, throw, or scoop the ball!
5. If the ball touches a player on or below the knee (even if the player hits himself or herself), her or she is out and should leave the pit. If a player is hit above the knees, the play continues.
6. You can only hit the ball once. You can touch the ball again only after it hits the wall or another player.
7. Once the final two players remain, those players CAN touch the ball twice (double-tap) instead of only once.
8. If a player uses the wall to help them jump or leave the pit, they are out.
9. If a player hits the ball out of the pit, they are out.
10. Do NOT sit on the wall, thank you.
11. The last player left is the winner and throws the ball to start the next game.
12. Most Importantly – HAVE FUN!